

October 2012

**JFK Hartwyck
at Edison Estates
Newsletter**

Special Events:

10/4 Dollar Store

10/8 Columbus Day Social 2C @ 1:30pm

10/9 World Of Gardens 3C @ 2pm

10/10 Oktoberfest with Joe Paris 2C @ 2pm

10/19 Jewish Services 3C @ 11am

10/23 Creative Notions 2C @ 10am

10/24 Dollar Store

10/26 Happy Hour with Gary Lovett 2C @ 2pm

10/28 Shana Rose Aroma Therapy

10/31 Halloween Costume Party 2C @ 2:15pm

October Birthdays

Israel Cortes 10/02

Solly Marks 10/2

Mary Uknuis 10/02

Josephine Yelencics 10/08

Leo Eubanks 10/09

Carmine Voscisano 10/09

Steven Goldberg 10/11

Phillip Bloedoorn 10/15

Gladys Sartain 10/15

Grace Cavallo 10/16

Richard Gonzaales 10/17

Tyrone Seawright 10/18

Stanley Marrs 10/21





*Good Times
&
Lots of Cheer!*

*Come join us for our
Annual
Oktoberfest Party
Featuring Joe Paris*

*When: October 10th
Where: 2C Dining Room
Time: 2:00PM*

International Infection Prevention Week



October 14-20th

1. Ask your healthcare providers to clean their hands.

Remember that clean hands are essential to preventing infection. It is okay – and an important way to prevent infection – to ask healthcare providers to clean their hands before touching you. If you do not see your healthcare provider use the alcohol-based hand rub or wash up at the sink, ask them to do it in front of you. Healthcare providers want to do everything they can to keep you safe so they welcome your questions about hand hygiene. Some facilities even have signs encouraging patients to ask healthcare personnel if they've cleaned their hands. Hand hygiene is the number one way to prevent infections. Patients and visitors need to wash their hands as well. Infection prevention is everyone's responsibility.

2. Cover your cough

- Cover your coughs and sneezes. Cough and sneeze into your elbow, or cover your nose and mouth with a tissue. Throw the tissue into the trash.
- Wash your hands with soap and warm water after using the bathroom; after sneezing, blowing your nose, or coughing; or whenever your hands are dirty. Scrub your hands for at least 20
- Air-dry your hands or use a paper towel.
- Use a paper towel to turn off the faucet, and then throw it away.
- If soap and water are not available, use alcohol-based hand rub.
- Avoid touching your eyes, nose, and mouth. Germs are spread this way.
- Ask your healthcare provider about any vaccines you should receive to prevent illness.

3. Speak up if you have any questions about your care

Patients who play an active role in their care while they are in a hospital or other healthcare facility may have better experiences than those who don't. Your direct care providers are concerned about your health and safety. They want you to have a voice in your care. You are an important member of the healthcare team. Please speak up. Do not feel shy about asking for more information about your care.

Infection prevention is everyone's business!

National Physical Therapy Month



Here at JFK Hartwyck at Edison Estates physical therapy plays an essential role to help improve our patients functional status. We would like to personally thank all the physical therapists for all there hard and diligent work they do each and every day!

National Breast Cancer Awareness Month



National Breast Cancer Awareness Month is dedicated to increasing awareness of the importance of early breast cancer detection.



spooky

It's a Halloween Party!

Come in your costumes,
You're all in for a scare,
Our treats will delight you,
Be there if you dare!

When: October 31st

Time: 2:00pm

Where: 2C Dining Room

Halloween Word Search

Find the hidden words associated with this spooky holiday.

C H K D Y N S A D M D N J H H R Q
B W C N P Y Y K H I V B A H G V H
A T R E A T S O E W S A L U H A A
I V E E S I B V C L P G J Q O M U
K A I W R W Y E J T E A U A S P N
U G B O S W R Z S M O T I I T I T
L S Z L F M I N U F K B O G S R E
M N D L F L C T M Z R T E N S E D
L P V A K K S A C P F L A R K W H
N Y H H T O R H S H I J S S S P O
I Y M C C G I Y R A C S F S A G U
K N K Y L L B L A C K C A T M B S
P W R O D U S K C I R T D F T N E
M W J R O N S P I D E R S T E O V
U A E C L P A B M T J W P U R Z V
P N W Z I M S C U I O W S I P W H
D P K P A N R E T N A L O K C A J

BLACKCAT
CANDY
CHILDREN
COSTUME
DISGUISE
FUN
GHOST
HALLOWEEN
HAUNTEDHOUSE
JACKOLANTERN
MASKS
OCTOBER
PUMPKIN
SCARY
SKELETON
SPIDERS
SPOOKY
TREATS
TRICKS
VAMPIRE
WITCH

JFK Hartwyck at Edison Es

Sunday	Monday	Tuesday	Wed
<p>All programs are subject to change.</p>  <p>All activities are announced daily.</p>	<p>1</p> <p>10:15 Wii Bowling 2C 10:30 Trivia Time 3C 11:00 Meet and Greet 1A 2:15 Word Games 2C 2:30 Map Quest 3C 2:30 Fine Motor Skills 1A 6:00 Games 3C</p>	<p>2</p> <p>9:45 Juice on the Loose 2C/3C 10:30 Protestant Services 2C 11:00 Yoga Group 1A 2:15 Edible Jewelry 2C 2:30 Fall into Bingo 3C 2:30 Cognitive Group 1A</p>	<p>3</p> <p>10:00 Catholic 11:00 Residen 10:30 Snoezel 2:15 Crosswo 2:30 Black Jac 2:30 Sensory</p>
<p>7</p> <p>9:00 Communion Room-to-Room 10:00 Coffee House 3C 11:00 Helping Hands 2:00 AME Religious Services 2C 2:15 Afternoon Matinee 3C</p>	<p>8 Columbus Day</p> <p>10:15 News & Brews 2C 1:30 Columbus Day Social 2C 6:00 Games 3C</p>	<p>9</p> <p>9:45 Juice on the Loose 2C/3C 10:30 Protestant Services 2C 11:00 Relaxation Group 1A 2:15 Halloween Crafts 2C 2:00 World Of Gardens 3C 2:30 Cognitive Group 1A</p>	<p>10</p> <p>10:00 Catholic 11:00 Residen 10:30 Snoezel 2:00 Oktoberf 2:30 Sensory</p>
<p>14</p> <p>9:00 Communion Room-to-Room 10:00 Coffee House 3C 2:00 Afternoon Stretch 2C 2:00 Table Top Games 3C 2:15 Afternoon Matinee 3C</p>	<p>15</p> <p>10:15 Wii Games 2C 10:30 Dollar Quiz 3C 11:00 Meet and Greet 1A 2:15 Pokeno 2C 2:30 Bowling Fun 3C 2:30 Fine Motor Skills 1A 6:00 Games 3C</p>	<p>16</p> <p>9:45 Juice on the Loose 2C/3C 10:30 Protestant Services 2C 11:00 Lets Stretch 1A 1:30 Resident Council 2C 2:30 Fall into Bingo 3C 2:30 Cognitive Group 1A</p>	<p>17</p> <p>10:00 Catholic 11:00 Stretch 10:30 Snoezel 2:15 Resident Party 2C 2:30 Sensory</p>
<p>21</p> <p>9:00 Communion Room-to-Room 10:00 Coffee House 3C 2:00 Afternoon Stretch 2C 2:00 Table Top Games 3C 2:15 Afternoon Matinee 3C</p>	<p>22</p> <p>10:15 Wii Fun 2C 10:30 Balloon Volleyball 3C 11:00 Meet and Greet 1A 2:15 Crossword Puzzle 2C 2:30 Big Day! 3C 2:30 Fine Motor Skills 1A 6:00 Games 3C</p>	<p>23</p> <p>9:45 Juice on the Loose 2C/3C 10:00 Creative Notions 2C 10:30 Protestant Services 3C 11:00 Yoga Group 1A 2:15 Trivia 2C 2:30 Fall into Bingo 3C 2:30 Cognitive Group 1A</p>	<p>24 Dolla</p> <p>10:00 Catholic 11:00 Residen 10:30 Snoezel 2:15 Spa Day 2:30 Treasure 2:30 Sensory</p>
<p>28</p> <p>9:00 Communion Room-to-Room 10:00 Coffee House 3C 10:30 Shana Rose Room-to-Room 2:00 Afternoon Stretch 2C 2:00 Big Games 3C 2:15 Afternoon Matinee 3C</p>	<p>29</p> <p>10:15 Wii Fit 2C 10:30 Spooky Stories 3C 11:00 Meet and Greet 1A 2:15 Pumpkin Spice 2C 2:30 Fine Motor Skills 1A 6:00 Games 3C</p>	<p>30</p> <p>9:45 Juice on the Loose 2C/3C 10:30 Protestant Services 2C 11:00 Relaxation Group 1A 2:15 Spooky Stories 2C 2:30 Fall into Bingo 3C 2:30 Cognitive Group 1A</p>	<p>31 Halle</p> <p>10:00 Catholic 11:00 Stretch 10:30 Snoezel 2:15 Hallowee 2:30 Sensory</p>

States October 2012 Calendar

Wednesday	Thursday	Friday	Saturday
<p>Services 2C Choice 1A en 3B Puzzle 2C k 3C Group 1A</p>	<p>4 Dollar Store 10:15 Chair Fitness 2C 10:30 Kickball 3C 11:00 Arts & Crafts 1A 2:15 Pick a Prize Bingo 2C 2:30 Draw A Meal 3C 2:30 Word Games 1A 6:00 Poker 3C</p>	<p>5 10:15 News & Brews 2C 10:45 Activity Planning Meeting 11:00 Cognitive Group 1A 1:45 Friday Flick 2C 2:00 Snoezelen 2A 2:15 Lets Stretch 3C 2:30 Wii Bowling 3C Sub-acute</p>	<p>6 10:15 Continental Hour 2C 1:30 Books on the Go! 1:45 3rd Floor Movie Flick 3C 2:15 Scattergories 2C 2:45 Super Stretch 2C</p>
<p>Services 2C Choice 1A en 3B Fest Celebration 2C Group 1A</p>	<p>11 10:15 Wii Games 2C 10:30 Memory Game 3C 11:00 Current Events 1A 2:15 Pick a Prize Bingo 2C 2:30 Scrapbooking Fun 3C 2:30 Word Games 1A 6:00 Black Jack 3C</p>	<p>12 10:15 News & Brews 2C/3C 11:00 Puzzlemania 1A 1:45 Friday Flick 2C 2:00 Snoezelen 2A 2:15 Lets Stretch 3C 2:30 Wii Bowling 3C Sub-acute</p>	<p>13 10:15 Continental Hour 2C 1:30 Books on the Go! 2:00 Promise Church of God 2C 2:30 3rd Floor Cinema 3C 2:45 Uno 3C</p>
<p>Services 2C & Tone 1A en 3B 's Birthday C/3C Group 1A</p>	<p>18 10:15 Chair Fitness 2C 10:30 Lets Workout 3C 11:00 Arts & Crafts 1A 2:15 Pick a Prize Bingo 2C 2:30 Wii Games & More 3C 2:30 Word Games 1A 6:00 Poker 3C</p>	<p>19 10:15 News & Brews 2C/3C 11:00 Jewish Services 3C 11:00 Cognitive Group 1A 1:45 Friday Flick 2C 2:00 Snoezelen 2A 2:15 Lets Stretch 3C 2:30 Wii Bowling 3C Sub-acute</p>	<p>20 10:15 Continental Hour 2C 1:30 Books on the Go! 1:45 3rd Floor Movie Flick 3C 2:15 Black Jack 2C 2:45 Super Stretch 2C</p>
<p>Dollar Store Services 2C ts Choice 1A en 3B 2C Hunt 3C Group 1A</p>	<p>25 10:15 Wii Games 2C 10:30 Match It! 3C 11:00 Current Events 1A 2:15 Pick a Prize Bingo 2C 2:30 Autumn Crafts 3C 2:30 Word Games 1A 6:00 Black Jack 3C</p>	<p>26 10:15 News & Brews 2C/3C 11:00 Puzzlemania 1A 2:00 Happy Hour with Gary Lovett 2C 2:15 Lets Stretch 3C 2:30 Wii Bowling 3C Sub-acute</p>	<p>27 10:15 Continental Hour 2C 1:30 Books on the Go! 1:45 3rd Floor Cinema 3C 2:15 Word Games 2C 2:45 Lets Chat 2C</p>

Halloween
 Services 2C
 & Tone 1A
 en 3B
 en Party 2C
 Group 1A

Every 1st Friday of the month the Recreation Department will have an Activity Planning Meeting at 10:45am in the 2C Dining Room.

Helping Hands will be provided on the weekdays and weekends. See your Recreation staff for more information.

One to One friendly visits are provided throughout the day

Social Dining offered Monday & Wednesday on Sub-Acute

Pet Therapy provided when available.



October 2012 3A Spec

Sunday	Monday	Tuesday	Wednesday
 <p>All programs are subject to change. All activities are announced daily</p>	<p>1 10:15 Current Events 11:00 Let's Freshen Up 2:30 Mind Jugglers 3:00 Reading Hour 3:15 Let's Stretch/ Juice Bar 4:00 Evening Freshen Up 5:30 Sing Alongs</p>	<p>2 10:15 Current Events 11:00 Let's Freshen Up 2:30 Remember When? 3:15 Let's Stretch/ Juice Bar 4:00 Evening Freshen Up 5:30 Name That Tune</p>	<p>3 10:15 Current 11:00 Let's Fr 2:30 Snoezeler 3:15 Let's Stre 4:00 Evening 5:30 Fall Time</p>
<p>7 9:00 Communion Room-to-Room 10:00 Coffee House 3C 11:00 Helping Hands 2:00 AME Religious Services 2C 2:15 Afternoon Matinee 3C</p>	<p>8 10:15 Current Events 11:00 Let's Freshen Up 2:30 Mind Jugglers 3:00 Reading Hour 3:15 Let's Stretch/ Juice Bar 4:00 Evening Freshen Up 5:30 Sing Alongs</p>	<p>9 10:15 Current Events 11:00 Let's Freshen Up 2:30 Remember When? 3:15 Let's Stretch/ Juice Bar 4:00 Evening Freshen Up 5:30 Name That Tune</p>	<p>10 10:15 Current 11:00 Let's Fr 2:30 Snoezeler 3:15 Let's Stre 4:00 Evening 5:30 Fall Time</p>
<p>14 9:00 Communion Room-to-Room 10:00 Coffee House 3C 2:00 Afternoon Stretch 2C 2:00 Table Top Games 3C 2:15 Afternoon Matinee 3C</p>	<p>15 10:15 Current Events 11:00 Let's Freshen Up 2:30 Mind Jugglers 3:00 Reading Hour 3:15 Let's Stretch/ Juice Bar 4:00 Evening Freshen Up 5:30 Sing Alongs</p>	<p>16 10:15 Current Events 11:00 Let's Freshen Up 2:30 Remember When? 3:15 Let's Stretch/ Juice Bar 4:00 Evening Freshen Up 5:30 Name That Tune</p>	<p>17 10:15 Current 11:00 Let's Fr 2:30 Snoezeler 3:15 Let's Stre 4:00 Evening 5:30 Fall Time</p>
<p>21 9:00 Communion Room-to-Room 10:00 Coffee House 3C 2:00 Afternoon Stretch 2C 2:00 Table Top Games 3C 2:15 Afternoon Matinee 3C</p>	<p>22 10:15 Current Events 11:00 Let's Freshen Up 2:30 Mind Jugglers 3:00 Reading Hour 3:15 Let's Stretch/ Juice Bar 4:00 Evening Freshen Up 5:30 Sing Alongs</p>	<p>23 10:15 Current Events 11:00 Let's Freshen Up 2:30 Remember When? 3:15 Let's Stretch/ Juice Bar 4:00 Evening Freshen Up 5:30 Name That Tune</p>	<p>24 10:15 Current 11:00 Let's Fr 2:30 Snoezeler 3:15 Let's Stre 4:00 Evening 5:30 Fall Time</p>
<p>28 9:00 Communion Room-to-Room 10:00 Coffee House 3C 10:30 Shana Rose Room-to-Room 2:00 Afternoon Stretch 2C 2:00 Big Games 3C 2:15 Afternoon Matinee 3C</p>	<p>29 10:15 Current Events 11:00 Let's Freshen Up 2:30 Mind Jugglers 3:00 Reading Hour 3:15 Let's Stretch/ Juice Bar 4:00 Evening Freshen Up 5:30 Sing Alongs</p>	<p>30 10:15 Current Events 11:00 Let's Fresh 2:30 Remember When? 3:15 Let's Stretch/ Juice Bar 4:00 Evening Freshen Up 5:30 Name That Tune</p>	<p>31 0:15 Current E 11:00 Let's Fr 2:30 Snoezeler 3:15 Let's Stre 4:00 Evening 5:30 Fall Time</p>

Specialized Unit Calendar

Wednesday	Thursday	Friday	Saturday
<p>Events Freshen Up Stretch/ Juice Bar Freshen Up Melodies</p>	<p>4 10:15 Current Events 11:00 Let's Freshen Up 2:30 Circle of Friends 3:15 Relaxation/Juice Bar 4:00 Evening Freshen Up 5:30 Name That Tune</p>	<p>5 10:15 Current Events 11:00 Let's Freshen Up 2:30 Snoezelen 3:15 Let's Stretch/ Juice Bar 4:00 Evening Freshen Up</p>	<p>6 10:15 Continental Hour 2C 1:30 Books on the Go! 1:45 3rd Floor Movie Flick 3C 2:15 Scattergories 2C 2:45 Super Stretch 2C</p>
<p>Events Freshen Up Stretch/ Juice Bar Freshen Up Melodies</p>	<p>11 10:15 Current Events 11:00 Let's Freshen Up 2:30 Circle of Friends 3:15 Relaxation/Juice Bar 4:00 Evening Freshen Up 5:30 Name That Tune</p>	<p>12 10:15 Current Events 11:00 Let's Freshen Up 2:30 Snoezelen 3:15 Let's Stretch/ Juice Bar 4:00 Evening Freshen Up 5:30 Fall Time Melodies</p>	<p>13 10:15 Continental Hour 2C 1:30 Books on the Go! 2:00 Promise Church of God 2C 2:30 3rd Floor Cinema 3C 2:45 Uno 3C</p>
<p>Events Freshen Up Stretch/ Juice Bar Freshen Up Melodies</p>	<p>18 10:15 Current Events 11:00 Let's Freshen Up 2:30 Circle of Friends 3:15 Relaxation/Juice Bar 4:00 Evening Freshen Up 5:30 Name That Tune</p>	<p>19 10:15 Current Events 11:00 Let's Freshen Up 2:30 Snoezelen 3:15 Let's Stretch/ Juice Bar 4:00 Evening Freshen Up 5:30 Fall Time Melodies</p>	<p>20 10:15 Continental Hour 2C 1:30 Books on the Go! 1:45 3rd Floor Movie Flick 3C 2:15 Black Jack 2C 2:45 Super Stretch 2C</p>
<p>Events Freshen Up Stretch/ Juice Bar Freshen Up Melodies</p>	<p>25 10:15 Current Events 11:00 Let's Freshen Up 2:30 Circle of Friends 3:15 Relaxation/Juice Bar 4:00 Evening Freshen Up 5:30 Name That Tune</p>	<p>26 10:15 Current Events 11:00 Let's Freshen Up 2:30 Snoezelen 3:15 Let's Stretch/ Juice Bar 4:00 Evening Freshen Up 5:30 Fall Time Melodies</p>	<p>27 10:15 Continental Hour 2C 1:30 Books on the Go! 1:45 3rd Floor Cinema 3C 2:15 Word Games 2C 2:45 Lets Chat 2C</p>

Every 1st Friday of the month the Recreation Department will have an Activity Planning Meeting at 10:45am in the 2C Dining Room.

One to One friendly visits are provided throughout the day

Helping Hands will be provided on the weekdays and weekends. See your Recreation staff for more information.

Social Dining offered Monday & Wednesday on Sub-Acute

Pet Therapy provided when available.



October Bus Trips

10/17 Shopping Trip

10/25 Lunch Trip

10/30 Museum Trip

Please notify the recreation department if you are interested in attending any trips or programs because seats fill quickly.

We would like to provide everyone with an equal opportunity to get out and have fun!

Friendship Club Activities

3rd Floor Dining Room

Tuesday - Card Night 6-8:00pm

Wednesday - Bingo Night 6-7:30pm

Friday - Coffee Social 6-8:00pm

Saturday - Movie Night 6:00pm

All Are Welcome!

JFK Hartwyck @ Edison Estates

10 Brunswick Avenue

Edison, NJ 08817